

Advancing Personalized Medicine Through Genomic Testing

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Thank you!



Today's Lecture

Brief introduction to MedLabs

Technical Introduction to Genomics

Genomic Testing Capabilities

The Current and Future of Genomic Testing

Conclusion

An Introduction to MedLabs

Established in **1993** as a Jordanian Private Shareholding Company

MedLabs is the one of the **largest** medical laboratory networks in the Middle East

72 labs in Jordan, Palestine, Iraq and Kurdistan, UAE and Ireland

~250 laboratories in the Middle East and Gulf Countries refer advanced tests to Medlabs referral laboratory.

Over 680 employees including 16 MDs, 8 PhDs, 17 MScs & MBAs

We are a non-commission based company!



Celebrating **33** years!

CAP Accredited for **all**
tests performed within
the reference lab since
2011

ISO15189 Accredited
since 2009

ISO9001 Accredited
since 2007

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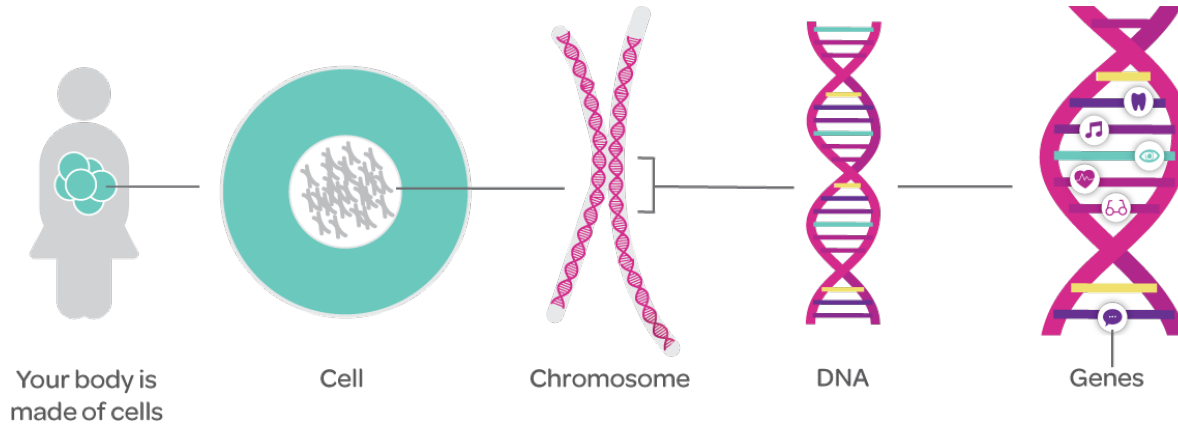
The Current and Future of Genomic Testing

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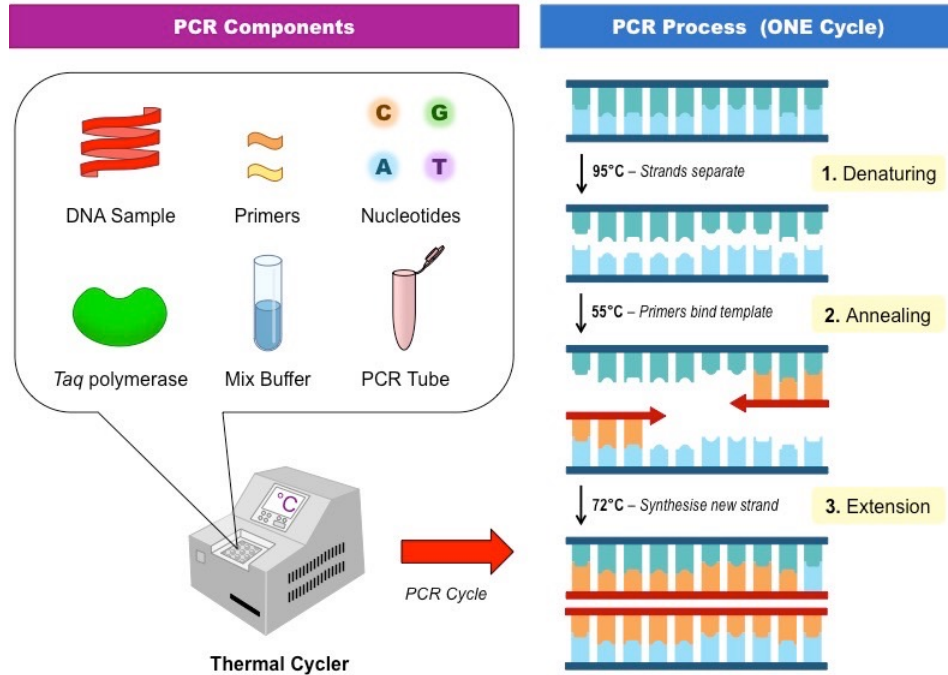
Technical Introduction to Genomics

- Humans have around 50 Trillion cells, each contain tightly packed 23 pair of chromosomes (50% from mother and 50% from father).
- DNA is made up of 4 basic letters (nucleotides) A C G T –DNA Alphabet
- 3.2billion letters that make each complete genome are equivalent to ca. 1800 books each with 500 pages.
- We only understand 2-3% of the genome, around 22.000 genes with mutations causing around 15,000 different diseases.
- We inherit mutations in the code or typos giving rise to disease (mutations)
- Diseases can occur in different ages (recessive in childhood and dominant in adulthood)
- Genetics is just one piece of the puzzle: environment, nutrition, lifestyle, age, infection...etc., are as important

Technical Introduction to Genomics



Technical Introduction to Genomics



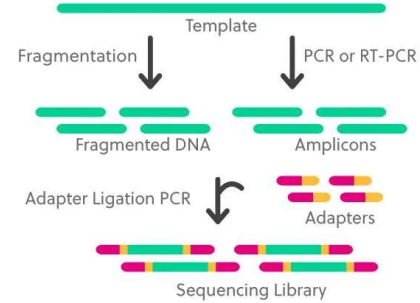
PCR the
backbone
of genetics

Technical Introduction to Genomics

STEP 1: Extraction



STEP 2: Library Prep



STEP 3: Sequencing



STEP 4: Analysis



Technical Introduction to Genomics

- What are we producing?
- Why are there differences in price?
- WGS vs WES vs Targeted panels

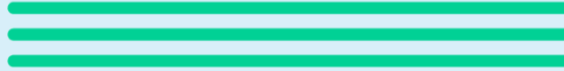
Test	Genes	Depth	Coverage	Information content	Likelihood of detecting a specific mutation
Whole Genome Sequencing	~20,000	~30x	~99% >10x	~3.2GB	~97.6%
Whole Exome Sequencing	~20,000	~100x	~97% >10x	~60MB	~93.2%
NGS Panel	10-1000	~200x	~98% >20x	20-400KB	~96.1%
Single Gene Sequencing (Sanger)	1	NA	NA	0.2-5KB	~99.9%



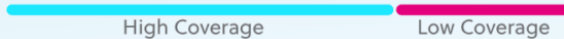
Technical Introduction to Genomics

Always ask for the technical information, not just about accreditations

MULTIPLE COPIES OF A GENOME



READS



CONSENSUS SEQUENCE



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Genomic Testing Capabilities

Direct to consumer



Clinical genetic testing



Multiple Genes = Each With Small Effect

One Gene = Big Effect

Genomic Testing Capabilities (Lifestyle)

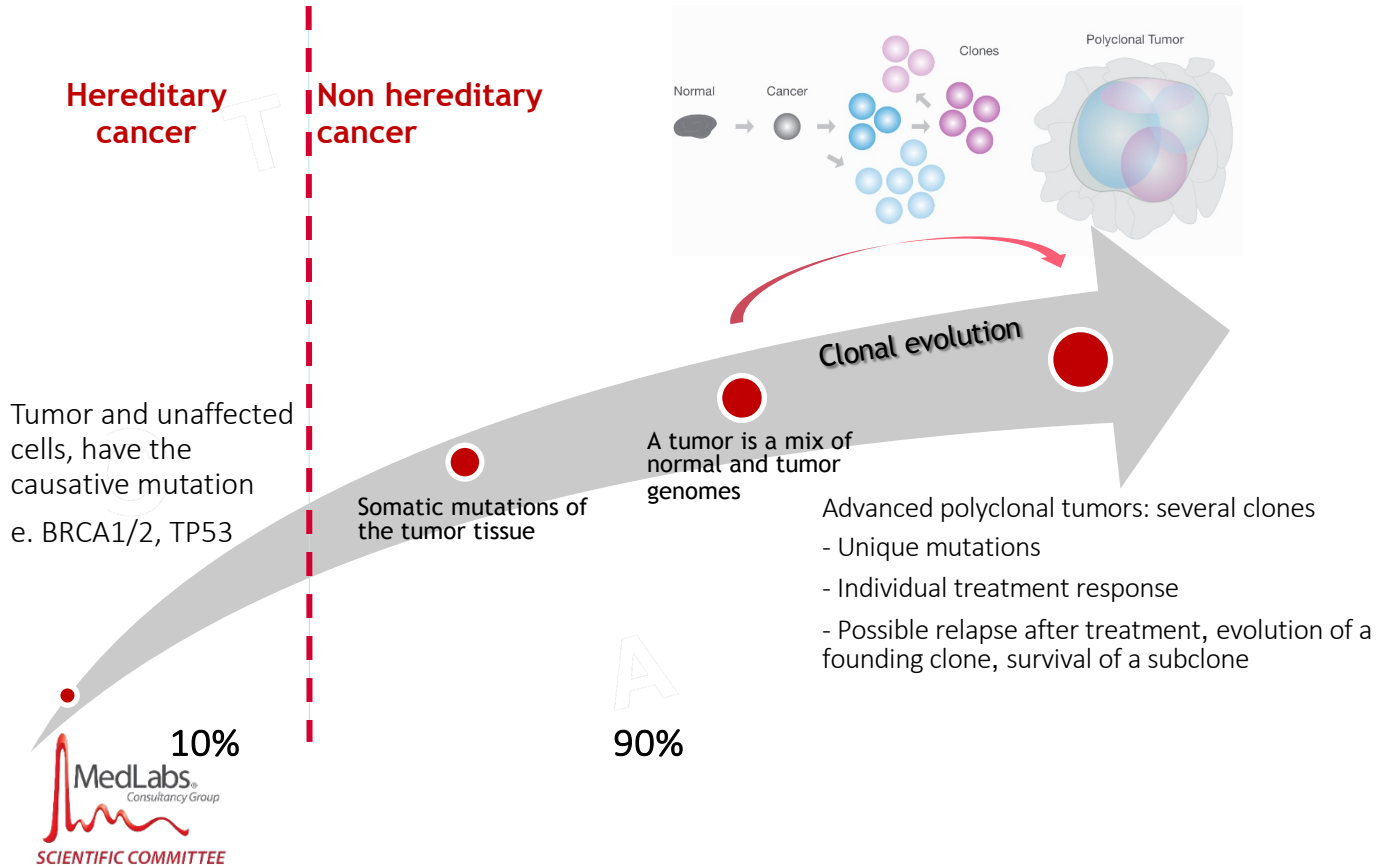


Multiple Genes = Each With Small Effect



-  *Cryptococcus neoformans*
-  *Saccharomyces cerevisiae*
-  *Listeria monocytogenes*
-  *Enterococcus faecalis*
-  *Escherichia coli*
-  *Staphylococcus aureus*
-  *Bacillus subtilis*
-  *Salmonella enterica*
-  *Pseudomonas aeruginosa*
-  *Lactobacillus fermentum*

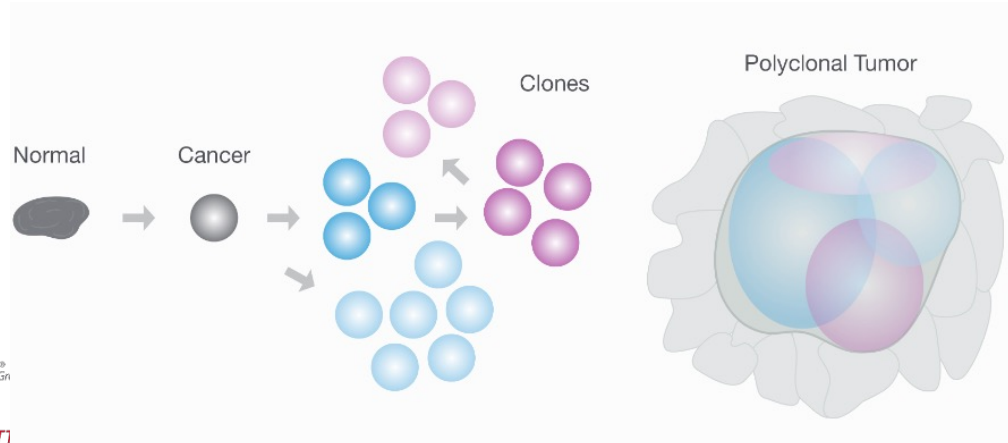
Genomic Testing Capabilities



Genomic Testing Capabilities

Tailors' cancer care: For cancer patients, testing tumour DNA helps doctors pick specific, targeted therapies that work best for that exact type of cancer

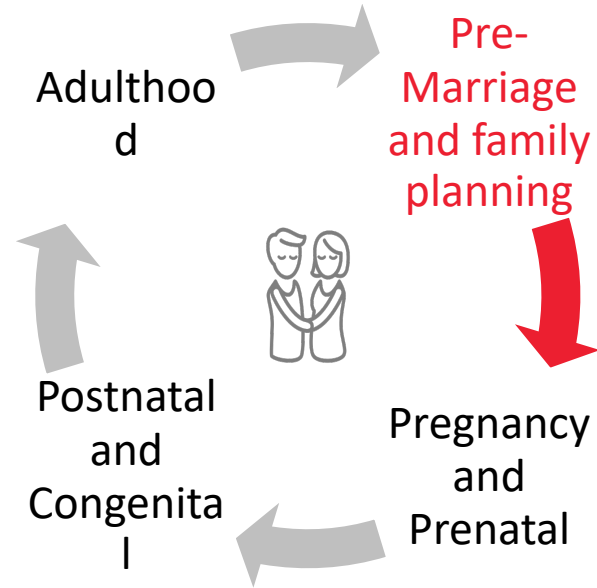
Avoids bad side effects: It shows which medicines match your body, helping you avoid drugs that will not work or might harm you



Genomic Testing Capabilities

And then the list goes on

- Rare diseases
- Inherited diseases
- IVF
- NIPT



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The Current and Future of Genomic Testing

- Cost of testing
- Availability and TAT
- Education amongst physicians
- Country wide genome projects to understand the population and prepare for the future
- More sharing of data means a better outcome for all (VUS)
- A powerful tool that needs REGULATION

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- The importance of **Accreditation** can not be understated
- Who **owns** the data
- Health insurance **ethics**
- **AI** will start to revolutionise the speed and outcome of data
- Remove the stigma of **shame** and talk about **consanguinity**
- Public/Private cooperation

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