

# POCT as a Bridge Between Laboratory Diagnostics and Clinical Decision-Making

Clinical Experience with MxA/CRP Biomarkers

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# The Clinical Challenge

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Managing Pediatric Respiratory Tract  
Infections

# The Burden of Pediatric RTIs

Lower Respiratory Tract Infections (LRTIs) remain a primary driver of global pediatric morbidity, mortality, and emergency medical utilization.

- ⚠️ **Overlapping Presentations:** Fever, tachypnea, and chest retractions obscure the underlying etiology (viral vs. bacterial).
- 🕒 **Time-Sensitive Triage:** Frontline clinicians must make immediate admission and treatment decisions without definitive laboratory support.



# Diagnostic Uncertainty

Traditional diagnostic tools often fail at the point of care, creating a cycle of defensive medicine.



## Turnaround Time

Standard cultures take 48–72 hours.

Highly accurate multiplex PCR panels are often unavailable during the "golden hour" of ED triage.



## Defensive Prescribing

Clinical ambiguity forces to overprescribe broad-spectrum antibiotics to purely viral patients out of justified caution.



## AMR Escalation

This empirical guesswork undermines global antimicrobial stewardship and drives systemic antibiotic resistance.

# Scientific Basis of Biomarkers

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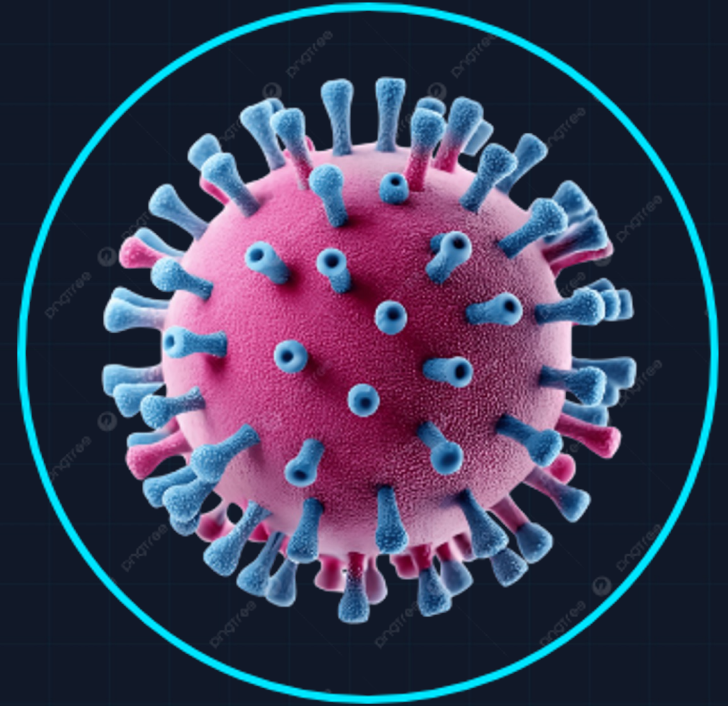
Moving beyond generic inflammatory  
markers

# MxA: Viral Specificity

## Myxovirus Resistance Protein A

An intracellular protein exclusively induced by Type I Interferons during active viral replication.

- ✓ **Highly Specific:** Entirely unaffected by bacterial cell wall components or general tissue trauma.
- ⌚ **Stable Kinetics:** Long half-life, remains elevated throughout the acute viral phase.



# CRP: Bacterial Sensitivity



## C-Reactive Protein

Acute-phase reactant synthesized in the liver, primarily response to IL-6 macrophage signaling.

- ↗ **Rapid Escalation:** Surges profoundly in the presence of invasive extracellular bacteria.
- ⚠ **The Limitation:** Minor elevations (5–15 mg/L) frequently occur in purely viral states, leading to false-positive bacterial diagnoses if not paired with another marker.

# The AFIAS Platform & POCT Concept

POCT decentralizes laboratory science, shifting paradigm from "test and wait" to "test and treat" within a single clinical encounter.

## AFIAS MxA/CRP Capabilities

-  **Micro-volume:** Requires only 10 $\mu$ L of whole blood (ideal for pediatric capillary fingerpricks).
-  **Automated:** Immuno-Fluorescence quantitative assay.
-  **Rapid Results:** Precise digital readouts in just 12 minutes.

The logo for NATFOR is displayed in large, bold, white capital letters on a black rectangular background. To the left of the text is a vertical white line that forms part of a larger, stylized bracket or frame structure.

# Clinical Integration: POCT Impact

## Primary Care (GP Clinics)

Lack immediate diagnostic confirmation during brief (15-min) consults.

- ✓ Low training barrier for clinical staff.
- ✓ Converts clinical ambiguity into data within a single visit.
- ✓ Confidently reassure parents without prescribing "just-in-case" antibiotics.

## Emergency Departments

Overcrowded EDs require fast triage and risk stratification of pediatric volumes.

- ✓ Enables immediate "Fast-Track" routing (66%) for pure viral cases.
- ✓ Preserves isolation beds and advanced diagnostics (34%) for true bacterial threats.

# Study Methodology

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Evaluating diagnostic efficacy in hospitalized children

# Study Design & Criteria

## Trial Framework

-  Prospective, observational diagnostic validation trial.
-  Conducted over 22 months (June 2024 – April 2026).
-  Settings: General Pediatrics, PHDU, and PICU at Hospital Tunku Ampuan Besar Tunku Aishah Rohani, UKM

## Inclusion Criteria

-  Pediatric patients aged 1 month to 12 years.
-  Clinical presentation of acute LRTI requiring admission.
-  AFIAS MxA/CRP testing conducted within 24h.

# Establishing Ground Truth

True etiology defined using a triangulated, multi-layered reference standard:

- 🧬 Multiplex Nasopharyngeal Swab (NPS) PCR Panels.
- 🧪 Standard Automated Blood Cultures.
- 🫁 Deep Respiratory Aspirate/Sputum Cultures.

Categorized into four distinct diagnostic groups:  
Pure Viral, Pure Bacterial, Co-infection, or No Infection.



# Statistical Power Validation

301

Evaluable Patients

The study was designed to achieve regulatory-grade statistical stability, significantly overpowering the required viral validation arm.

$$n = \frac{Z^2 \times \text{Sens} \times (1 - \text{Sens})}{d^2 \times \text{Prev}}$$

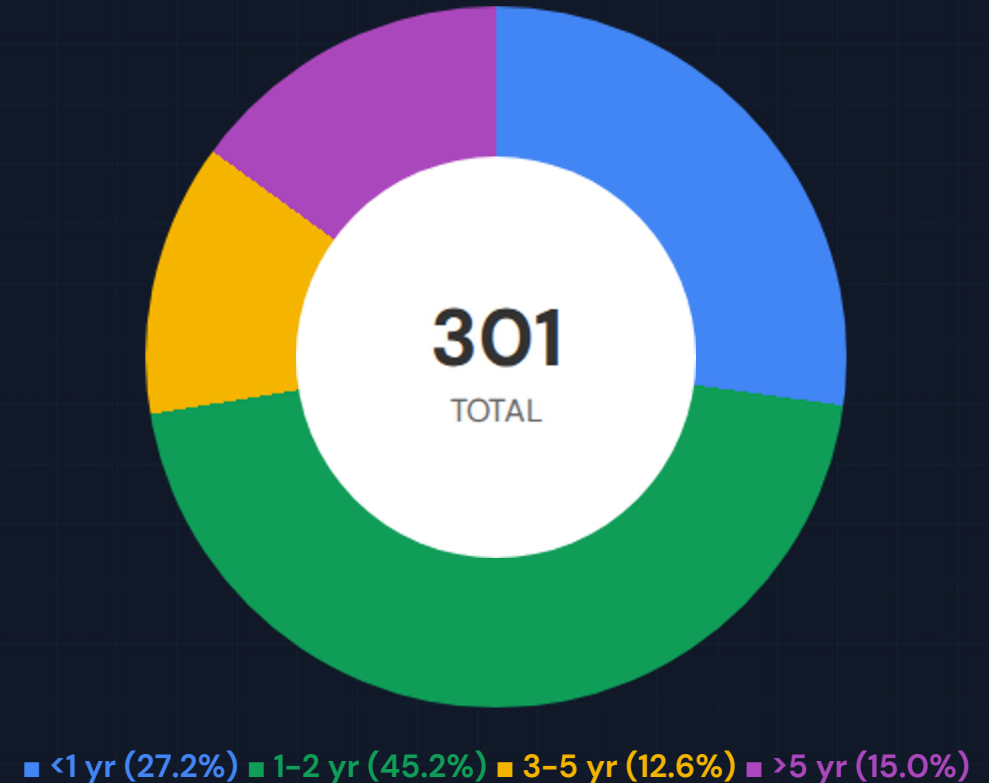
Capturing 289 total viral involvements overpowered the arm by 77.3%, compressing the margin of error to an exceptionally tight 4.55%.

# Patient Demographics: Age Distribution

## Critical Early Age Focus

Majority of the study population (72.4%) consists of children under 2 years old, highlighting primary demographic for LRTI observation.

- 👶 **Infants (<1 year):** 27.2%
- 👤 **Dominant Group (1-2 years):** 45.2%
- 👨👩 **Older Cohorts (>3 years):** 27.6%



# Diagnostic Distribution (Ground Truth)

Final diagnostic distribution of the 301 patients based on clinical and biochemical interpretation.

| Etiology Category                | Frequency (n) | Percentage (%) |
|----------------------------------|---------------|----------------|
| Pure Viral Infection             | 191           | 63.5%          |
| Co-infection (Viral + Bacterial) | 97            | 32.2%          |
| Pure Bacterial Infection         | 9             | 3.0%           |
| No Infection                     | 4             | 1.3%           |

\*Total viral involvement (Pure Viral + Co-infection) = 288 cases.

# Diagnostic Efficacy Results

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Data-driven triage thresholds via ROC Analysis

# MxA Standalone Efficacy

Evaluating MxA thresholds for diagnosing ANY viral presence (Overall Target AUC: 0.851).

| MxA Cut-off | Sensitivity | Specificity | PPV   | NPV   | AUC   |
|-------------|-------------|-------------|-------|-------|-------|
| ≥ 50 ng/mL  | 93.1%       | 75.0%       | 98.9% | 31.0% | 0.840 |
| ≥ 75 ng/mL  | 87.2%       | 83.3%       | 99.2% | 21.3% | 0.853 |
| ≥ 100 ng/mL | 80.6%       | 83.3%       | 99.1% | 15.2% | 0.820 |
| ≥ 150 ng/mL | 71.6%       | 91.7%       | 99.5% | 11.8% | 0.816 |

**Clinical Strategy:** While 75 ng/mL yields peak specificity, a ≥ 50 ng/mL threshold establishes an essential clinical safety net (93.1% sensitivity) to ensure mild or early viral involvements are captured.

# CRP Standalone Efficacy

Evaluating CRP thresholds for diagnosing ANY bacterial presence (Overall Target AUC: 0.854).

| CRP Cut-off | Sensitivity | Specificity | PPV   | NPV   | AUC   |
|-------------|-------------|-------------|-------|-------|-------|
| ≥ 15 mg/L   | 88.7%       | 78.4%       | 66.2% | 93.6% | 0.835 |
| ≥ 17 mg/L   | 87.6%       | 82.8%       | 70.8% | 93.4% | 0.852 |
| ≥ 20 mg/L   | 83.5%       | 89.2%       | 78.6% | 91.9% | 0.864 |
| ≥ 25 mg/L   | 76.3%       | 93.6%       | 85.1% | 89.3% | 0.850 |
| ≥ 30 mg/L   | 66.0%       | 94.1%       | 84.2% | 85.3% | 0.800 |

**Clinical Strategy:** A ≥ 20 mg/L cut-off provides an optimal barrier against false-positive bacterial diagnoses common in minor viral inflammatory states.

# Combined Screening Matrix Concept

By executing a dual-biomarker strategy, we map patients into distinct actionable clinical quadrants.

**Viral**

$\text{MxA} \geq 50 \text{ ng/mL}$   
 $\text{CRP} < 20 \text{ mg/L}$

**Bacterial**

$\text{MxA} < 50 \text{ ng/mL}$   
 $\text{CRP} \geq 20 \text{ mg/L}$

**Co-infection**

$\text{MxA} \geq 50 \text{ ng/mL}$   
 $\text{CRP} \geq 20 \text{ mg/L}$

**No Infection**

$\text{MxA} < 50 \text{ ng/mL}$   
 $\text{CRP} < 20 \text{ mg/L}$

# Optimal Matrix Performance Data

Actual performance of the proposed triage algorithm using cut-offs: **MxA  $\geq$  50 ng/mL & CRP  $\geq$  20 mg/L.**

| Diagnostic Quadrant | Sensitivity  | Specificity  | PPV   | NPV          |
|---------------------|--------------|--------------|-------|--------------|
| Pure Viral          | 80.9%        | 82.4%        | 89.9% | 68.9%        |
| Pure Bacterial      | <b>85.7%</b> | <b>98.6%</b> | 60.0% | <b>99.7%</b> |
| Co-infection        | 80.0%        | 90.0%        | 77.4% | 91.3%        |
| No Infection        | 40.0%        | 94.3%        | 10.5% | 98.9%        |

*\*This combination prioritizes high sensitivity for viral detection, while maintaining an exceptional 98.6% Specificity and 99.7% NPV for ruling out pure bacterial infections.*

# Clinical Application

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Implementing the Algorithm in Practice

# PATIENT PRESENTS TO ED WITH RTI SYMPTOMS

INITIAL RAPID POC TEST: MxA & CRP

## NO INFECTION PATHWAY

MxA < 50 ng/mL AND CRP < 20 mg/L

NO INFECTION DIAGNOSIS

**ACTION:**  
REASSURANCE.  
NO ANTIBIOTICS.  
NO ADDITIONAL TESTS.

## VIRAL PATHWAY

MxA ≥ 50 ng/mL AND CRP < 20 mg/L

VIRAL INFECTION DIAGNOSIS

FEVER PRESENT?

NO

**ACTION:**  
REASSURANCE.  
NO ANTIBIOTICS.  
NO BLOOD TESTS.

YES

**ACTION:** perform  
BEDSIDE VIRAL  
TESTING

Flu Positive  
→ Prescribe  
TAMIFLU

Other Virus →  
Symptomatic  
Rx

## BACTERIAL / CO-INFECTION PATHWAY

CRP ≥ 20 mg/L

BACTERIAL OR CO-INFECTION  
DIAGNOSIS

**EVALUATION REQUIRED:**  
perform FBC, LAB CRP, CHEST X-  
RAY

RESULT CONFIRM BACTERIAL INFECTION?

YES

**ACTION:**  
PRESCRIBE  
ANTIBIOTICS.

NO

**ACTION:**  
SUPPORTIVE CARE  
/  
CLINICAL REVIEW.

# Proposed Clinical Triage Algorithm

# Conclusion: Resource Optimization

90%

Reduction in Overprescription

65.8%

Spared from Invasive Tests

## Bridging the Gap

Applying algorithm retrospectively to our data proved that 9 out of 10 unnecessary antibiotic prescriptions in pure viral/non-infective cases would have been successfully blocked at triage.

Furthermore, 198 out of 301 children could have safely bypassed painful venipunctures (FBC) and ionizing chest radiography.

# Thank you for your attention.

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